



# Horizon Public School & Penguin Kids

Plot No: 07, Sector-19, Airoli, Navi Mumbai.  
Visit us at :[www.nhpsairoli.com](http://www.nhpsairoli.com) •Tel No. 27799328 / 27793904

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Date: 31/05/2020

Dear Parents,

Greetings from New Horizon Public School & Penguin Kids. This is to inform you that online schooling will commence again from 1<sup>st</sup> June 2020.

**Schedule:**

First Shift: 9.00 am to 11.00 am

Break: 10. 00 am to 10.30 am

Second Shift: 12.00 noon to 2.00 pm

Break: 1.00 pm to 1.30 pm

As long as lockdown is not lifted and school physically doesn't re-open we will conduct online schooling through Microsoft Teams. One should not compare online schooling with screen time. Online schooling is a guided activity and teacher interacts with children. Whereas screen time is oneway and there is no interaction with children. Let us see the positive side and encourage our children participate in online schooling happily. Please check INH App for regular updates.

**Daily Activities:** Parents can conduct the following activities for their children on daily basis.

**Daily Prayer:** Lord Heavenly Father I thank you for this beautiful day. I believe that you created me for a special purpose. You have a perfect plan for me. Make me a wonderful child. Cover me with your grace. Give me wisdom, knowledge, hope, confidence, happiness and good health. Let your name be ever on my lips.

**Exercise:** Warm up exercise, hopping, jumping, squats, unrolling external ears, walking equal number of steps forward and backwards, moving equal number of steps either side (left & right), singing the musical notations sa, re, ga, ma, pa, da ni, sa, etc.

**Drawing/Scribbling:** : Child can draw/scribble whatever he/she feels like drawing. Let the child visualise. This activity can be done on old newspapers.

**Sorting out:** Mix 10 each pieces of green gram, black gram, Turkish gram, horse gram etc. and make the child sort out. It must be done under the supervision of elders.

**Affirmation:** Make your child repeat positive affirmations as many times as possible like I am healthy, I am strong, I am confident, I am happy, I am wise, I am smart, I am intelligent, I am special, I am talented, etc.

**Story Time:** Daily one story can be narrated to children.

Regards

Principal