



New Horizon Public School, Airoli

Syllabus: 2023 – 2024

Grade V

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11	Music	19
12	Yoga	20

Month	Ls. No.	Chapters	Name of the book	Page no
Unit I	1	A Child's Thought (Poem)	Smile English Course Book Part A	01 - 06
Apr	2	Mother Teresa - Mother to Many Grammar Articles Parts of Speech (Nouns & Verbs) Creative Writing Paragraph Writing Activity 1) Know your poet 2) Speak about your Dream Note -Antonyms, Synonyms, Gender, Homophones, Homonyms, Homographs, Acrostic lines, Palindromes, Acronyms, Suffixes and Prefixes will be covered.		07 - 14
	3	The Great Salt March of Mahatma Gandhi		15 - 21
	4	Recipe for Disaster Grammar Phrases and Clauses Present and Past Participle Creative Writing Letter Writing (Formal) Activity 1)Skit based on Gandhiji's life 2) Bake your cake Note - Antonyms, Synonyms, Gender Homophones, Homonyms, Homographs, Acrostic lines, Palindromes, Acronyms, Suffixes and Prefixes will be covered.		26 - 32
	Periodic Test - I			
Unit II	5	Lotsa Pasta (Poem)	Smile English Course Book Part A	33 - 37
July	6	Rohanta - The Deer Grammar Irregular Verbs Present and Past Participle Creative Writing Email Writing Activity 1) Identify the Pasta Note - Antonyms, Synonyms, Gender Homophones, Homonyms, Homographs, Acrostic lines, Palindromes, Acronyms, Suffixes and Prefixes will be covered. Art Integrated Project: Rohanta the Deer - Research on Endangered Species. (Any one animal)		43 - 50
	7	The Tyger (Poem) Grammar Figures of Speech Parts of Speech (Adjectives & Adverbs) Activity 1) Adjectives Mix-up 2) Diagonal Adverb Game Note -Antonyms, Synonyms, Gender, Homophones, Homonyms, Homographs, Acrostic lines, Palindromes, Acronyms, Suffixes and Prefixes will be covered.		51 - 56
	Aug			
Sept	Revision			
	Half Yearly Exam			

Grade V		Term II		Subject: English	
Month	Ls. No.	Chapters	Name of the book	Page no	
Unit III	8	The Castaway Pine	Smile English Course Book Part B	01 - 07	
Oct	9	Thimmakka - The Mother of Trees Grammar Adverbs , Prepositions Creative Writing: Notice Writing Activity : Table of Leaves Note - Antonyms, Synonyms, Gender Homophones, Homonyms, Homographs, Acrostic lines, Palindromes, Acronyms, Suffixes and Prefixes will be covered. Art Integrated Project: Make your own Budget Plan		08 - 14	
	10	Save River Save water		15 - 21 22 - 27	
	11	Wind on the Hill Grammar Noun Phrase Compound Subjects and Objects Creative Writing : Writing a News Report Activity: Make A Paper Kite Note - Antonyms, Synonyms, Gender Homophones, Homonyms, Homographs, Acrostic lines, Palindromes, Acronyms, Suffixes and Prefixes will be covered.			
Nov	Periodic Test-II				
Dec	12	The Eagle has Landed	Smile English Course Book Part B	28 - 40	
	13	From A Railway Carriage Grammar Phrasal Verbs Clauses Creative Writing: Letter Writing (Informal) Activity: Describe the sight Note - Antonyms, Synonyms, Gender Homophones, Homonyms, Homographs, Acrostic lines, Palindromes, Acronyms, Suffixes and Prefixes will be covered.		35 - 40	
Unit IV	14	Brad Needs A Budget		46 - 52 53 - 59	
Jan	15	The Roof of The World Grammar Transitive and Intransitive verbs Kinds of Adverbs Creative Writing: Diary Writing Activity : Verb Scratch Note - Antonyms, Synonyms, Gender Homophones, Homonyms, Homographs, Acrostic lines, Palindromes, Acronyms, Suffixes and Prefixes will be covered.			
	Feb	16		Limericks Grammar : Order of Adjectives Creative Writing: Writing a Limerick Activity The picture game Revision and Term II Exams Note - Antonyms, Synonyms, Gender Homophones, Homonyms, Homographs, Acrostic lines, Palindromes , Acronyms, Suffixes and Prefixes will be covered.	60 - 65
Revision					
Yearly Exam					

Month	LS. no.	Topic	Name of the book	Pg. No.
Unit I	१	रसना और षट्स (कविता)		01 - 06
	२	क्रियाकलाप - पाँच ज्ञानेन्द्रियों के चित्र चिपकाकर उनके नाम व कार्य लिखना। अनहद की सूझबूझ (केवल पठन के लिए) क्रियाकलाप - घर में बड़ों की सहायता किन-किन कामों में करते हैं इसकी सूची बनवाना। संज्ञा (व्याकरण) क्रियाकलाप - संज्ञा शब्दों का चार्ट तैयार करवाना। वर्ण - विचार (व्याकरण) क्रियाकलाप - वर्णमाला का फ्लैश कार्ड बनाकर क्रमानुसार कक्षा में लगवाना। वाक्यांशों के लिए एक शब्द (व्याकरण) क्रियाकलाप - बच्चों द्वारा हमारे सहायकों का अभिनय करवाकर उनके कार्यों की चर्चा करवाना। अनुच्छेद लेखन (रचनात्मक लेखन) क्रियाकलाप - चित्रों के आधार पर अनुच्छेद क्रम से लिखवाना।		07 - 14
Apr				
	३	गुरुभक्त आरुणि (पाठ) क्रियाकलाप - कक्षा के नियम और कर्तव्यों पर चर्चा करवाना। वचन (व्याकरण) क्रियाकलाप - शब्दों के द्वारा वचन की पहचान करवाना। विशेषण - विशेष्य (व्याकरण) क्रियाकलाप - अपने मित्र की विशेषता बताने के लिए कहना।	Smile पाठ्यपुस्तक भाग - अ	15 - 24
June	४	माखन और मिश्री (पाठ) क्रियाकलाप - स्वास्थ्य के लिए पौष्टिक और हानिकारक खाद्य पदार्थों की सूची बनवाना। लिंग (व्याकरण) क्रियाकलाप - नाम के द्वारा लिंग की पहचान करवाना।		25 - 33
		Periodic Test 1		
Unit II	५	जंगल का रक्षक (पाठ)		34 - 40
		क्रियाकलाप - जंगल तथा पेड़-पौधों की रक्षा के लिए उठाए जाने वाले आवश्यक कदम इस विषय पर चर्चा करवाना। पर्यायवाची शब्द (व्याकरण) क्रियाकलाप - फ्लैश कार्ड के द्वारा बच्चों को पर्यायवाची शब्द पहचाने व उनसे वाक्य बनाने के लिए कहना। विराम चिह्न (व्याकरण) क्रियाकलाप - बच्चों से विरामचिह्न रहित और विरामचिह्न सहित गद्यांश पढ़वाना। गिनती (71 से 85) क्रियाकलाप - अंकों के खेल द्वारा बच्चों से गिनती का शुद्ध उच्चारण करवाना।		
July				

	६	<p>शहीद बकरी (पाठ)</p> <p>क्रियाकलाप - शाकाहारी और मांसाहारी पशुओं के नाम की सूची तैयार करके चार्ट बनाना।</p> <p>विलोम शब्द (व्याकरण)</p> <p>क्रियाकलाप - विलोम शब्दों की पर्ची बनाकर उच्चारण करवाना।</p> <p>Art integration Project: Activity 9. Doodle the Logo (Art School Page no. 10)</p>	Smile पाठ्यपुस्तक भाग - अ	41 - 48
Aug	७	<p>बाग की सैर (कविता)</p> <p>क्रियाकलाप - पाँच फलदार वृक्षों की जानकारी एकत्रित करके एलबम तैयार करना।</p> <p>विशेषण के भेद (व्याकरण)</p> <p>क्रियाकलाप - अपने सहपाठियों का नाम व उनकी एक विशेषता लिखकर एलबम बनाना।</p>	Smile पाठ्यपुस्तक भाग - ब	01 - 13
		Revision		
Sept		Half Yearly Examination		

Month	Ls. no.	Topic	Name of the book	Pg.No.
Unit III	8	झाड़ी और पौधा (पाठ) Art integration Project : स्वास्थ्य के लिए लाभदायक किन्हीं तीन पौधों का चित्र और उनकी जानकारी इकट्ठा करके एलबम बनाइए। क्रिया (व्याकरण) क्रियाकलाप पर्ची पर क्रिया शब्द लिखकर बच्चों से अभिनय करवाना।	Smile पाठ्यपुस्तक भाग - ब	14 - 22
Oct	9	वायु प्रदूषण (पाठ) क्रियाकलाप - वायुमंडल में उपस्थित गैसों के रासायनिक सूत्र का चार्ट बनाना। वर्ण विच्छेद (व्याकरण) क्रियाकलाप - स्वर तथा व्यंजन लिखकर बच्चों द्वारा शुद्ध उच्चारण करवाना। पत्र लेखन (रचनात्मक लेखन) क्रियाकलाप - संचार माध्यमों को चलचित्र पर दिखाना और प्रारूप लिखवाना।		23 - 32
Nov	10	मैं पानी हूँ! (पाठ) क्रियाकलाप - जल की उपयोगिता बताते हुए स्लोगन लिखवाना। अनेकार्थी शब्द (व्याकरण) क्रियाकलाप - अनेकार्थी शब्दों का उपयोग करते हुए वाक्य बनाना।		33 - 40
	11	कबीर के दोहे (पाठ) क्रियाकलाप - अपने पसंदीदा दोहे को सुंदर अक्षरों में लिखना। अशुद्धिशोधन (व्याकरण) क्रियाकलाप - अनुच्छेद में से अशुद्ध शब्दों को शुद्ध करवाना।		41 - 47
	Periodic Test 2			
Unit IV	12	उगते सूरज के देश में (केवल पठन के लिए)		48 -59
Dec	13	हमारी सुंदर दुनिया (पाठ) क्रियाकलाप - ग्लोबल वार्मिंग के दुष्परिणामों पर चर्चा करना। समश्रुत भिन्नार्थक शब्द (व्याकरण) क्रियाकलाप - समश्रुत भिन्नार्थक शब्दों को पर्चियों पर लिखकर उनका वर्गीकरण करवाना। गिनती (86 से 100) क्रियाकलाप - गिनती को सही क्रम में लगाना।		60 - 66
	14	सूरज जीवन है धरती का (पाठ) क्रियाकलाप - परोपकार इस विषय पर अनुच्छेद लिखवाना। शब्द युग्म (व्याकरण) क्रियाकलाप - युग्म शब्दों का प्रयोग करके कविता लिखवाना।		67 - 72
Jan	15	कामकाजी भारत (पाठ) क्रियाकलाप - हाथ से कारीगरी की जाने वाली वस्तुओं की सूची बनवाना। सर्वनाम (व्याकरण) क्रियाकलाप - वर्गपहेली में से सर्वनाम शब्दों को छोटकर वाक्य बनवाना।		73 - 82
Feb	Revision			
	Yearly Examination			

Month	LS. no.	Topic	Name of the book	pg.No.
Unit I	१	निसर्ग (कविता)		05 - 11
एप्रिल	२	Activity - कविता तालासुरात गाऊन घेणे . गुढीपाडवा Activity - सणांची नावे व माहिती सांगणे .		12 - 20
जून	३	खेळ (कविता)		21 - 26
	४	Activity - मैदानी खेळांची नावे सांगणे मुक्या प्राण्यांनाही सारे समजते. Activity- देशी व परदेशी फुलांचे वर्गीकरण करणे . Activity 8 -Sam Larson Hybrid Polar Bear (Arts School)		27 - 35
		अंकलेखन (११ ते २०)		9
		चित्रसंदेश		120
		समानार्थी शब्द (१ ते १०)		106
		विरुद्धार्थी शब्द (१ ते ५)		117
		Periodic Test - I		119
Unit II	५	ओळखा कोण ? (कविता)	स्माईल	36 - 41
जुलै	६	राजूची सुट्टी Activity- चांगल्या सवयी सांगणे अंकलेखन (२१ ते ३०) चित्रसंदेश समानार्थी शब्द (११ ते २०) विरुद्धार्थी शब्द (६ ते १०)	पाठ्यपुस्तक मराठी ५	42 - 50
		Art Integrated Project - आपले मदतनीस तक्ता बनवणे		120
				107
				117
				119
ऑगस्ट	७	भूतकाळ व भविष्यकाळ व्याकरण तेनालीरामचे चातुर्य Activity - तेनालीरामच्या गोष्टी सांगणे . चित्रसंदेश समानार्थी शब्द (२१ ते ३०) विरुद्धार्थी शब्द (११ ते १५) वाचन आनंद		50 - 55
				104 -105
				56 - 60
				108
				117
				119
सप्टेंबर		Revision		113 - 114
		Half Yearly Examination		

Month	Ls. no.	Topic	Name of the book	Pg. No.
Unit III	८	फळांचे गाव (कविता) Activity - फळांच्या जन्मस्थानांची माहिती सांगणे . Activity 11 -Newspaper Bowl (Arts School)		61 - 66 12
ऑक्टोबर	९	मोरू Activity - निबंधलेखनाची ओळख करून देणे . लिंग संदेश / सूचना लेखन समानार्थी शब्द (३१ ते ४०) विरुद्धार्थी शब्द (१६ ते २०) अंकलेखन (३१ ते ४०) वाचन आनंद		67 - 73 74 75, 76 109 118 119 120 115, 116
		Art Integrated Project - कोणत्याही पाच फळांची चित्रे चिकटवणे व त्यांच्या जन्मस्थानांची नावे लिहिणे .		
नोव्हेंबर	१०	पक्ष्याचे पीस Activity- जगातील खंडांची नावे सांगणे .	स्माईल पाठ्यपुस्तक मराठी 5	77 - 83
	११	सूर्य-चंद्र(कविता) Activity - कविता तालासुरात गाऊन घेणे . संदेश / सूचना लेखन समानार्थी शब्द (४१ ते ५०) विरुद्धार्थी शब्द (२१ ते २५)		84 - 88 110 118 119
		Periodic Test - II		
Unit IV	१३	कोरोनापासून बचाव Activity - स्वच्छतेच्या सवयी सांगणे . पत्रलेखन समानार्थी शब्द (५१ ते ५६) विरुद्धार्थी शब्द (२६ ते ३०)		95 - 98 111 118 119
डिसेंबर				
जानेवारी	१२	शरीराचे मनोगत Activity - योग्य व अयोग्य सवयी सांगणे .		89 - 94
	१४	बालपण (कविता) Activity - कविता तालासुरात गाऊन घेणे . पत्रलेखन		99 - 103 112
फेब्रुवारी		अंकलेखन (४१ ते ५०)		120
		Revision		
		Yearly Examination		

Month	Ls. No.	Chapters	Name of the book	Page no
Unit I	1	Large Numbers	Smile Mathematics Course Book Part - A	1-16
April		Activity: Students will collect the information about population of men and women. Write the number names in both Indian and international number system.		
June	2	Roman Numerals		17-21
		Activity: Represent your birth year in Roman numerals. Also form a sequence of 5 numbers increased by 10's and represent them in Roman numerals.		
	3	Operations of Large Numbers		22 - 47
		Activity: Students will visit the school library. Collect the count of books in each book cases. 1) Will find the estimated sum and estimated difference between any two book cases.		
Periodic Test - I				
Unit II	3	Operations of Large Numbers	Smile Mathematic Course Book Part - A	22 - 47
July	4	Order of Operations		48 - 55
		Art Integration: Students will collect the information about population of male and female of Sikkim. Add them using counter representation.		
August	5	Introduction to Integers	Smile Mathematic Course Book Part - A	56 - 66
	6	Factors, Multiples & Divisors		67 - 78
		Activity: Student will make the grid of 1 to 100. 1) Shade the numbers increased by 6 at each step with blue. 2) Shade the numbers increased by 9 at each step with green. Check the common numbers you shaded on both. Using the grid write down the multiples of 6 and 9.		
September	Revision			
	Half Yearly Exam			

Month	Ls. No.	Chapters	Name of the book	Page no
Unit III	7	More on Fractions	Smile Mathematics Course Book Part - A	79 - 93
October	8	Art Integration: Students will make state animal face and flower of Sikkim using craft paper. Add and subtract the fraction of paper used to make the animal face and flower in scrap book. Decimals Activity: Students will make a big square and divide it unto 100 small Shade it with the first letter of your name. Write the fraction and decimal value of the shaded part below.		1 -21
November	9	Ratio, Proportion and Percentage Activity: Note down the recipe of your favourite cake. Note down the ingredient used. Find the ratio, proportion and percentage of all the quantities used.	Smile Mathematics Course Book Part - B	22 - 35
	10	Metric Measures Activity: Students will collect the information about different systems of measuring units (C.G.S. system, M.K.S. system and F. P. S. system)		36 - 47
	Periodic Test - II			
December	11	Angles and Triangles Activity : Using ice cream sticks and colourful clay students will make different angles and triangles.	Smile Mathematics Course Book Part - A	48 - 60
	12	Nets and Shapes Activity: Patterns in Flexagon (Art School Book Page no-17)		61 - 73
Unit IV	13	Position and Symmetry	Smile Mathematics Course Book Part - B	74 - 82
January	14	Activity: Mandala (Art School Book Page no-29) Perimeter, Area and Volume Activity: Students will make the model of a house using best out of waste. Also find the perimeter and area of the model they made.		83 - 91
	15	Smart Charts		92 - 99
February	Revision			
	Yearly Exam			

Month	Ls. No.	Chapters	Name of the book	Page no
Unit I	1	Fuel for the Human Body	Smile Course Book EVS Part - A	01-13
April		Experiment - Visit to a lab Activity - Digestive System (Clay Modelling)		
June		5		Food and Its Preservation Activity - Mini Fridge (Stem book activity no. 11)
	Periodic Test - I			
Unit II	7	Animals-Habitat and Adaptations	Smile Course Book EVS Part - A	72-84
July		Activity – Spider web (stem book activity no. 5) Art integrated project -Make a collage of animal’s habitat of Sikkim.		
August	9	Plants-Pollination and Reproduction Activity –1. Observe different parts of flower 2. Egg carrier (Stem book activity no. 14)	Smile Course Book EVS Part - B	1-15
September	Revision			
	Half Yearly Exam			

Term II

Month	Ls. No.	Chapters	Name of the book	Page no
Unit III	10	Physical and Chemical Changes of Matter	Smile Course Book EVS Part - B	16-27
October		Art Integrated Activity -Make a paper plane and measure different angles at each step.		
November	13	Sound Activity- Toy phone.		53-64
Periodic Test - II				
December	14	Properties of Light Experiment - To show light travels in a straight line.	Smile Course Book EVS Part - B	65-79
Unit IV	16	Simple Machines		96-109
January		Activity – Race Track Ramp (stem book activity no. 30)		
February	Revision			
	Yearly Exam			

Month	Ls. No.	Chapters	Name of the book	Page no	
Unit I	2	Role of Nature and Nurture Activity: Make your own family tree showing your paternal and maternal family member Art School Book: Activity no 2: Draw a human face	Smile Course Book EVS II Part - A	14-26	
June	3	Our Heritage Activity: Collage making on heritage sites Art School Book: Activity no: 7, Sanchi Stupa’s structure with embossing.		27-38	
		Periodic Test - I			
Unit II	4	Rights and Duties of a Citizen Activity: conducting election in class to choose monitor.	Smile Course Book EVS II Part - A	39-48	
July	6	Agriculture and Industries Activity: Find out the fraction of small-scale industries in India. Represent the same into improper fraction and mixed fraction Art School Book: Activity no: 11 Newspaper Bowl Art Integration: Find out the cottage industries in Sikkim and reason why they are located there.		60-71	
August	8	Caring for Animals Activity: Find out the name and helpline number of various NGOS working for the animals in your area. Stem Book Activity: Prepare a bird nest.		85-95	
September	Revision				
	Half Yearly Exam				

Term II

Month	Ls. No.	Chapters	Name of the book	Page no
Unit III	11	Weather and Climate Activity: Weather and climate: collect weather forecast of one week in your city Art School Book: Activity no: 3 Mosaic in Different Climatic Zones.	Smile Course Book EVS Part - B	28-40
October				
November	12	Voyages		41-52
Periodic Test - II				
December	12	Voyages Activity: Tickets and photographs of vacation Stem Book: Cargo Ship	Smile Course Book EVS Part - B	41-52
Unit IV	15	Physical Features of India Activity: Make a poster on Sundarbans (interesting facts and slogan). Art School Book: Activity no: 1 Latitudes and Longitudes		80-95
January				
Revision				
February	Yearly Exam			

Grade V**Term I****Subject: Learning Skills for Life**

Month	Ls. No.	Topic	Name of the book	Pg. No.
April	1	Who am I?	Learning Skills for Life	01-08
June	2	Knowing me?		09-16
July	3	Emotions Define us?		17-24
August	4	How do I look at myself? How do others?		25-32
September	Revision			
	Half Yearly Exam			

Term II

Month	Ls. No.	Topic	Name of the book	Pg. No.
August	5	Being Kind	Learning Skills for Life	33-40
October	6	Goal setting		41-48
November	7	Relationship skills		49-56
December	8	Relationship Boundaries		57-64
January	9	Start from where you are		65-72
February	10	Dialogue with the Author		73-76
	Revision			
	Yearly Exam			

Month	Ls. No	Topic	Name of the book	Page no.	
Unit I	2	Let's Design a Webpage Activity: - Demonstration of various basic HTML tags Practical: - Lab activity -Page no.29	Smile Code Quest ICT 5	1-14	
April					
June	1	Let's Enter the Digital World Activity: Discussion on different types Networks and their uses Practical: - Lab activity -Page no. 11		15-30	
July	3	Let's Work with Numbers Activity: -Demonstration on how to use various formatting tools and formulas in Excel. Practical: - Lab activity -Page no. 45		31-46	
	4	Let's Get into Action Activity: -Transforming learning into through projects based on HTML and MS Excel. Practical: - Lab activity -Page no. 47		47-51	
August	5	Let's Create Videos Activity: -Demonstration on how to add some text, effect and sound to the video Practical: - Lab activity -Page no. 66		52-67	
September	Revision				
	Half Yearly Exam				

Month	Ls. No	Topic	Name of the book	Page no.
Unit III October	6	Let's Explore the Web Activity: -Demonstration on Creating different files on Google Drive. Practical: - Lab activity -Page no.78	Smile Code Quest ICT 5	68-82
November	7	Computational Thinking Unplugged Activities Activity: - Prepare a flowchart for the given topic Practical: - Lab activity -Page no. 91		83-92
December	8	Let's Again Get into Action Activity: -: Transforming learning into through creating a Google form. Practical: - Lab activity -Page no. 101		93-101
Unit IV	9	Let's Give Commands Activity: - Demonstration of various coding blocks in scratch Practical: - Lab activity -Page no. 115		102-116
January				
February	Revision			
	Yearly Exam			

Month	Drawing	Art School Book	Name of the book	Pg no	
Unit I	Diamond	Activity No.4 - Shading Techniques.	Art School 5	4	
April		Activity No.5 - Optical illusion spheres.		5	
		Activity No. 6 - Pointillism portrait of shaheed		6	
June	Rainbow	Activity No.10 - Harry Potter Caricature.		11	
		Activity No.18 -Albert Einstein in pencil shaving artwork.		13	
		Activity No.19 - Embossing Plaraoh mask		16	
Unit II	Colour wheel	Activity no.17 – Atmospheric layers in mosaic		19	
July		Activity No.20- Reindeers in Gond		23	
Aug	Ganesh	Activity No.22-Pop Up Card -Two Cuts And a Common Fold		25	
		Activity No.23- Pop up Card - Multiple cuts and folds.		27	
		Activity No.25 - Animation Flip bouncing Ball.		31	
		Activity No. 26 - Animation -Flip car.		32	
Sep	Revision				
	Half Yearly Examination				

Term II

Unit III	2 – D Design	Activity No.21 - Diya Origami Armband	Art School 5	24
Oct		Activity No.27- M.F.Hussain’s Horse on Burlap		37
Nov	Story drawing	Activity No.12 - Quilled Moon Phases		13
		Activity No.15 - Satellite on the go with Aboriginal Art		16
Dec	Memory drawing	Activity No.28 - Calligraphy		38
		Activity No.29 - Calligraphy		39
Unit IV	Still Life	Activity No. 30 - Seven Days of the week		40
Jan				
Feb	Revision			
March	Yearly Examination			

	Month	Event / Activity	Particulars
1st Term	April	Warm up Exercise, Right, Left and About Turn Attention, Stand At Ease Minor Game	Basic Techniques & Skills, Body Flexibility Exercise & Drill Practice
	June	Mass PT - Standing and Sitting Exercise 1 & 2 General and Warm Up Exercise Basic Information of Table Tennis Basic Information of Chess	
	July	Mass PT - Standing and Sitting Exercise - 3 & 4 Basic Skill of Football Basic Information of Athletics (Track and Field Event) PPT	
	August	Height & Weight Measurement Mass PT - Standing Exercise - 5 & 6, Sitting Exercise - 4 & 5 Agility Ladder Drill, Skipping Rope Traditional Game	
	Sept	Revision And Half Yearly Examination	
2n Term	Oct	Mass PT - Standing Exercise - 7 & 8 Sitting Exercise 1 to 5 Basic Information of Athletics (Throwing Event) Basic Skill of Basketball Variation of Running Skill - (Zig Zag Run, Shuttle Run, Hurdle Run)	Techniques & Skills, preparing students for annual sports Day
	Nov	Mass PT - Standing Exercise 1 to 10 and Sitting Exercise 1 to 5 Fun Game Tug of War Basic Information of Athletics (Jumping Event)	
	Dec	Annual Sports Practice (Athletics Event - 80, 100Mtr, Hurdle Race, Relay Race) Traditional Game	
	Jan	Height & Weight Measurement Annual Sports Meet Basic Skill of Volleyball Basic Skill of Basketball Circuit Training	
	Feb	Revision And Half Yearly Examination	

Grade V**Term I****Subject: Music**

Month	Song No.	Prayer Song	General & Action Songs	Patriotic & Environment songs	P.P.T & Spl songs
Unit I	1	All songs Revision	All songs Revision	Vijayi vishwa tiranga pyara	Sargam Geet
Apr					
June	2	Tujhse mili hai zindagi	Let's discover Let's explore.	Ganga Yamuna Krishna	School Anniversary song - spl
Unit II	3	Lord is the one who lights	Suno ghanti baji	Rimjhim Rimjhim.... [2]	Instrumental player Images
July					
Aug	4	Ibadot Karo unki Ibadot karo	Up and down	Sandese ate hain...[2]	Classical singers Images
Sept	5	Oh God help us to be Good	Dodo, not give up	The Earth is my home	Indian musical Instruments
	Revision				
	Half Yearly Exam				

Grade V**Term II****Subject: Music**

Month	Song No.	Prayer Song	General & Action Songs	Patriotic & Environment songs	P.P.T & Spl songs
Unit III	6	Mongal deep jwele	Everybody can, can sing	Phoolon ne jaake mitti	Western musical Instruments
Oct					
Nov	7	Hich amuchi prarthana	If I were a butterfly	Aao bachcho Tumhe	Diwali- song- spl
Dec		God is Good All the time	Fruit of the holy spirit	Na kato mujhe bada dukhta hai	Christmas- song- spl
Unit IV	8	Subah savere lekar tera naam	Stand strong	Rashtra ki jay chetna ka	Folk songs singers images
Jan					
Feb & March	9	Vandana Kartehai hum	Ye tare hain ujale sitare hain	Kali pili titli udke chali	Summer song
	Revision				
	Yearly Exam				

Month	Asanas	Name of the book	Pg. No.
April	Introduction of Yoga, Rules & Regulations Warm up Ex. Padmasan, Yogamudra & Suryanamaskar Revision	Yoga and Physical Education for beginners	1-9
June	Ushtrasan Chakki chalanasan Chaturanga dandasan Chakrasan		10-12 31-33
July	Dhanurasan Purna ushtrasan Bhujangasan Bhramari Pranayam		16-18
August	Kapalbhati Paschimottanasan Prashvottanasan Prasarit padhastasan		22-24 13-15 16-18
	Revision		
	Half Yearly Exam		

Term II

Month	Asanas	Name of the book	Pg. No.
October	Kapalbhati Purvottanasan	Yoga and Physical Education for beginners	25-27
November	Vasishtasan Ek pad kapotasan Ardha Shalabhasan Revision		28-30 40-42
December	Sarvangasan Matsyasan Purna bhujangasan		
January	Virbhadrasan-III Janushirasan Shitali Pranayam Revision		19-21
February	Tolasan		
	Revision		
	Yearly Yoga Exam		